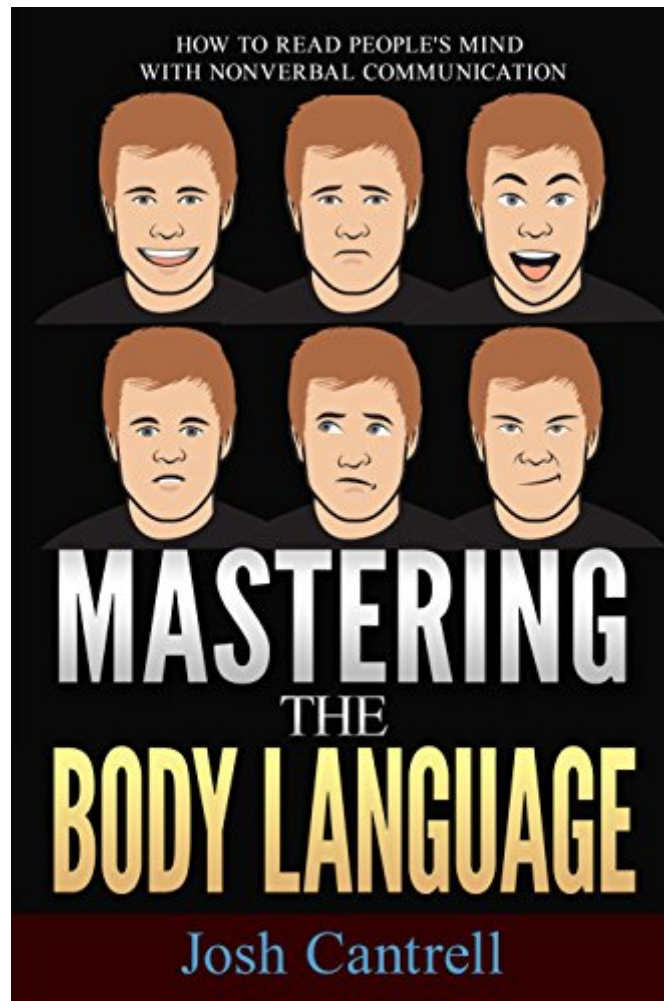


The book was found

Mastering The Body Language: How To Read People's Mind With Nonverbal Communication



Synopsis

Would You Like to Be Able to Read People's Minds? This question may sound like science fiction, or, perhaps, just fantasy, but something very close to mind-reading is actually possible, by learning to understand the body language. That is exactly what "Mastering the Body Language" by Josh Cantrell is offering you. In this comprehensive guide to body language, the author covers everything from gestures and postures to personal and physical space. Special consideration is given to the facial, eye, and mouth expressions, positions, and movements, and all the emotions expressed through them. "Mastering the Body Language" also explains, in a simple way, what are the benefits of understanding the body language. Even if it's not literally like telepathy in the science fiction books, it does help you to not only understand how someone feels and what they truly mean, but also to learn how other people might perceive your own non-verbal signals. As a result, you will learn how to understand people better, as well as become more aware of your own hidden thoughts and feelings. Understanding the body language comes easy to some, while others can't figure it out. Whether you're in the first or in the second group, with this book, you will not only learn how to understand non-verbal signals, you will master them. You will learn the body language essentials including the following topics: Body Language and Nonverbal Communication, Body Language and Evolution, Facial Expressions, Eye Expressions, Mouth and Lip Expressions, Communicating with Gestures, Communicating with Arms and Legs, Postures, Personal Space.

Book Information

File Size: 1167 KB

Print Length: 98 pages

Publication Date: September 7, 2015

Sold by: Â Digital Services LLC

Language: English

ASIN: B0153XSCIU

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #35,542 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #1 in Â Kindle Store > Kindle eBooks > Nonfiction > Politics & Social Sciences > Philosophy > Movements >

Deconstruction #1 inÂ Books > Politics & Social Sciences > Philosophy > Movements >

Deconstruction #1 inÂ Books > Law > Intellectual Property > Communications

Customer Reviews

I always saw in movies and from the media how people can learn body language to find out what other people are up to but never really got around to learning the details about it myself. Well this book caught my eye, and as I read it, I found out that it really isnâ™t all that hard to study other peopleâ™s body language to see what they are truly up to. It was exciting to learn all these things and I found myself becoming more acquainted with various facts and informations related to the field. A great and fun guide, thumbs up.

Body language has a lot to with how people perceive us men as well as it impacts our confidence and personality in the process. It is but right to master our body language skills as often as we can. This book can serve as a guide for mastering body language. This book is a short and quick read, but it is packed with information regarding body language. It also talks how to develop the mindset your body language skills.

I am obsessed with the show Lie To Me, it gave me an interest in body language and trying to read people. I know the show is fiction, but I believed a lot of what I saw in the show, and I have been googling and reading books on it ever since. I found this book to be a great source of information about everything you could ever want to know about body language. Some of the stuff was common sense, like clenched fists for anger, but a lot of it was totally new to me. This book covered everything from what it means when you blink in different ways, to your other facial expressions, lips, and eyes, and even how things differ depending on different cultures. It had never occurred to me before to consider that body language would be different in different culture's, though now it has been brought to my attention it makes a lot of sense. I was also unaware of the importance of hand language in different countries, and how even a thumbs up can be offensive depending on where you are. This book also covered personal space, and body language using your arms and legs. Mastering The Body Language was a really neat read, if you are at all into this stuff then I highly recommend this book, it is a wealth of knowledge.

This book has greatly helped me learn all kinds of nonverbal cues that have always slipped past me in the past. For example, I did not really know how many different ways there are to smile, and what

the different versions of the smile mean. And even though I know there are many ways that men and women communicate differently, this book really helped me figure out the different ways of communication between me and my husband and it has helped our relationship. The claim that you can "read minds" from learning the nonverbal cues of someone was not just marketing, you honestly can accurately predict someone's behavior or thought patterns just from watching their nonverbal actions. This book has helped me read communication better and I recommend it to everybody, no matter what you do with your life.

I honestly did not know that there were so many ways to communicate with your body. I mean I knew about body language cues, but I did not realize how important arm placement and what you do with your mouth is. This book has caused me to notice so many new things about how other people respond to me that I had no idea about before. The part about how much meaning gestures can have has been invaluable to me, as that was just something I had no idea about. This book is easy to read and will definitely help you get a great handle on what other people really mean when they say something. It's like there's a whole second conversation going on, the one that is spoken and the body language conversation. I recommend this book to anyone who wants to be bilingual in spoken and body language. It will help you.

Understanding body language enhances our relationships and many aspects of communication. This book helped me understand different meanings of body language using various body parts. It's a useful book.

I've always been very interested in human psychology and body language. I already knew some of the basics, but this book covered all of that and much more. I especially appreciated the author's observations about differing body language between cultures. As a young professional, this book has given me a lot to think about as I communicate with others. Not only will I try to understand others better, but I'll try to be careful about the non-verbal signs I communicate. I can't recommend this book enough to anyone interested in or curious about body language!

Body language is one of the most effective ways to communicate our feelings or points nonverbally. I learned a lot from this book on how to analyze people's body language. Especially, understanding facial expressions easily improved my ability to evaluating others' feeling. Not only that, I also learned how to use body language myself more effectively. This book is a good read and easy to

understand.

[Download to continue reading...](#)

Body Language: Body Language Training - Attract Women & Command Respect, by Mastering Your High Status Body Language (Body Language Attraction, Body Language ... Language Secrets, Nonverbal Communication) Body Language: Discover and Understand the Psychological Secrets Behind Reading and Benefitting From Body Language (Read People On Sight - Body Communication - Nonverbal Communication) Body Language: Master the Art of Reading Anyone Through Nonverbal Communication (Body Language 101, Body Language Mastery, Read Everyone) Mastering the Body Language: How to Read People's Mind with Nonverbal Communication Body Language: Blueprint: Decipher Nonverbal Communication and Read People Like a Book to Win Friends and Influence (How to Analyze People) How To Analyze People: Mastering Analyzing and Reading People: (How To Read People, Analyze People, Psychology, People Skills, Body Language, Social Skills) Eye Contact Training: Get Women, Increase Your Power & Become a True Leader (Eye contact book, Confidence building, Body language secrets, Nonverbal communication, ... Body language training, Attract women) How To Analyze People: Body Language and Human Psychology Guide to Mastering Analyzing (Analyze People, Body Language, Human Psychology, How to Analyze People) BODY LANGUAGE : Decoding Alpha Male Body Language, Instantly Attract Any Woman Without Saying a Single word. (Body Language 101, Alpha male, Attract woman, ... Seduce Women, Eye Contact, Body Language) Body Language: Understand How to Read Body Language, Non-verbal Cues, Enhance your Communication and Improve your Social Skills! BODY BUTTER: Homemade Body Butter Recipes - 30 DIY Body Butter Recipes For Softer, Healthier, And More Radiant Skin (Body Butter, Body Butter Recipes, natural remedies) 10 Easy Ways To Spot A Liar: The best techniques of Statement Analysis, Nonverbal Communication and Handwriting Analysis Banned Body Language Secrets: EX CIA Agent Reveals How To Read Anyone Like A Book And Master The Art Of Non-Verbal Communication Let's Measure It! Learn to Read, Math (Learn to Read, Read to Learn: Math) What to Read When: The Books and Stories to Read with Your Child--and All the Best Times to Read Them How to Analyze People: The Practical Guide to Deciphering Body Language and Non-Verbal Communication Mastering Adoption Law and Policy (Mastering Series) (Carolina Academic Press Mastering) Irritable Bowel Syndrome & the Mind-Body Brain-Gut Connection: 8 Steps for Living a Healthy Life with a Functiona (Mind-Body Connection) Detox The Body: How To Detox Your Body For Fast Weight Loss (detox health, juicing, cleanse, diet, plan, foods, eating, naturally, juice, body mind soul, essentials, drinks, guide, book) Psychology: Hypnosis and Mind Control to Overcome Stress,

Anxiety, Depression, & Finally Recover Your Happiness (Positive Thinking, Body Language, NLP, Mind Reading, CBT, Hypnosis Sex, Brainwashing)

[Dmca](#)